

**LCL ROAD RACE SERIES 2009 ; RACE 3/5 ; ISLWYN 30th JUNE 2009**

RACE RESULT :

Race position	Number	NAME	Club	Category	Gender	Gender position	Category position
1	521	Laurence HUMPHRIES	Fairwater	M1839	MEN	1	1
2	528	Mark JENNINGS	Fairwater	M1839	MEN	2	2
3	673	Stefan SIMMS	Griffithstown	M4044	MEN	3	1
4	514	Christopher MORGAN,	Fairwater	M4044	MEN	4	2
5	178	Ivan TEED	Chepstow	M1839	MEN	5	3
6	706	Mike DURY,	Islwyn	M1839	MEN	6	4
7	320	John FOSTER,	Lliswerry	M5054	MEN	7	1
8	199	Steve CALDWELL,	Chepstow	M1839	MEN	8	5
9	348	Lee SMITH,	Lliswerry	M4044	MEN	9	3
10	799	Haydn HARTNELL	Islwyn	M4549	MEN	10	1
11	304	Dave HARRIS,	Lliswerry	M4044	MEN	11	4
12	678	Dimitri VORRÉS	Griffithstown	M4549	MEN	12	2
13	549	James VERNALL	Fairwater	M1839	MEN	13	6
14	657	Steve DAVIES	Griffithstown	M5054	MEN	14	2
15	207	Simon LEWIS,	Parc Bryn Bach	M4044	MEN	15	5
16	522	Grant LEWIS	Fairwater	M1839	MEN	16	7
17	111	Paul LIDGETT	Chepstow	M4044	MEN	17	6
18	228	Gethin PARHAM	Parc Bryn Bach	M1839	MEN	18	8
19	750	Stephen EDWARDS,	Islwyn	M1839	MEN	19	9
20	530	Daryll BARNBY	Fairwater	M1839	MEN	20	10
21	540	Alun WILLIAMS,	Fairwater	M4549	MEN	21	3
22	211	Phillip MILES,	Parc Bryn Bach	M5559	MEN	22	1
23	352	Paul HARRIS,	Lliswerry	M4044	MEN	23	7
24	189	Marianne GITTOES	Chepstow	F1834	LADIES	1	1
25	193	James BLORE	Chepstow	M1839	MEN	24	11
26	159	Katherine MATTHEWS	Chepstow	F1834	LADIES	2	2
27	191	Andy OST,	Chepstow	M1839	MEN	25	12
28	143	Luke MALARZ,	Chepstow	M1839	MEN	26	13
29	241	Nigel LAWRENCE	Parc Bryn Bach	M4044	MEN	27	8
30	676	Andrew THOMPSON	Griffithstown	M5054	MEN	28	3
31	434	Matt CREED	Chepstow	M1839	MEN	29	14
32	689	Matt WELSH	Griffithstown	M1839	MEN	30	15
33	37	Peter THOMAS	Caerleon	M4549	MEN	31	4
34	357	Mike ANTHONY,	Lliswerry	M5054	MEN	32	4
35	317	Paul DAY,	Lliswerry	M5559	MEN	33	2
36	506	Andrew SPENCER,	Fairwater	M4549	MEN	34	5
37	671	Peter RODGER	Griffithstown	M5054	MEN	35	5
38	358	Steve PEMBERTON	Lliswerry	M1839	MEN	36	16
39	219	James HEATON	Parc Bryn Bach	M1839	MEN	37	17
40	720	Andy DAVIES	Islwyn	M4044	MEN	38	9
41	679	Nick WALSH	Griffithstown	M1839	MEN	39	18
42	230	Martin CHAMMINGS	Parc Bryn Bach	M1839	MEN	40	19
43	363	Joseph BUTCHER	Lliswerry	M1839	MEN	41	20
44	509	Richard LLOYD,	Fairwater	M1839	MEN	42	21
45	661	Thomas GUY	Griffithstown	M1839	MEN	43	22

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46	504	Pete EDWARDS	Fairwater	M1839	MEN	44	23
47	138	Jo POLLARD	Chepstow	F1834	LADIES	3	3
48	500	Paul ANSTICE,	Fairwater	M5054	MEN	45	6
49	724	Kim WEHDEN	Islwyn	M4549	MEN	46	6
50	23	Sean DAVEY	Caerleon	M1839	MEN	47	24
51	238	David SMOUT	Parc Bryn Bach	M5559	MEN	48	3
52	315	Paul DURSLEY,	Llisbury	M5559	MEN	49	4
53	2	Howard MASON,	Caerleon	M4044	MEN	50	10
54	318	Tim REESE,	Llisbury	M4549	MEN	51	7
55	254	Brian PHILLIPS,	Parc Bryn Bach	M4549	MEN	52	8
56	154	Chris REES,	Chepstow	M4549	MEN	53	9
57	123	Neil GRANT,	Chepstow	M5559	MEN	54	5
58	757	Jim DOBBS,	Islwyn	M5559	MEN	55	6
59	243	Caroline MORTON	Parc Bryn Bach	F3539	LADIES	4	1
60	158	Bill SAVAGE,	Chepstow	M5559	MEN	56	7
61	232	Tom RUSSELL,	Parc Bryn Bach	M1839	MEN	57	25
62	73	Mike DAVIES	Caerleon	M4549	MEN	58	10
63	368	Steve WILLIAMS	Llisbury	M5054	MEN	59	7
64	169	Ian WADE,	Chepstow	M4549	MEN	60	11
65	83	Jonathon LEE	Caerleon	M4044	MEN	61	11
66	124	Niki MORGAN,	Chepstow	F4044	LADIES	5	1
67	524	Richard THOMAS	Fairwater	M1839	MEN	62	26
68	119	Dick FINCH,	Chepstow	M6099	MEN	63	1
69	739	Russel DOBBS,	Islwyn	M1839	MEN	64	27
70	416	Leo COHEN	Chepstow	M1839	MEN	65	28
71	198	Kevin MCENTEE,	Chepstow	M5054	MEN	66	8
72	200	Clive COOKSEY,	Parc Bryn Bach	M6099	MEN	67	2
73	552	Deb COCKRAM	Fairwater	F4549	LADIES	6	1
74	129	Jan MORRIS,	Chepstow	F4044	LADIES	7	2
75	722	Neil PARKER,	Islwyn	M4044	MEN	68	12
76	775	Terry LEWIS	Islwyn	M4549	MEN	69	12
77	654	Peter CLIFFORD	Griffithstown	M6099	MEN	70	3
78	418	Louise SUMMERS	Chepstow	F4044	LADIES	8	3
79	227	Jacky MILES,	Parc Bryn Bach	F5559	LADIES	9	1
80	332	Alun LOWE	Llisbury	M4044	MEN	71	13
81	82	Nicola PRICE	Caerleon	F1834	LADIES	10	4
82	339	Clive CARTER	Llisbury	M5054	MEN	72	9
83	209	Anne Marie EVANS,	Parc Bryn Bach	F3539	LADIES	11	2
84	344	Peta DANIELS,	Llisbury	F4044	LADIES	12	4
85	642	Thueux GENEVIEVE	Griffithstown	F1834	LADIES	13	5
86	709	Roger FAWKES,	Islwyn	M5559	MEN	73	8
87	668	Anthony PHILIPS	Griffithstown	M5054	MEN	74	10
88	244	Ceri CASSIDY	Parc Bryn Bach	F1834	LADIES	14	6
89	105	Geoff BAYLISS,	Chepstow	M6099	MEN	75	4
90	328	Richard PARCELL	Llisbury	M4044	MEN	76	14

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91	754	Clinton JAMES	Islwyn	M4044	MEN	77	15
92	777	Colin DIXON	Islwyn	M5559	MEN	78	9
93	134	Brenda AVERY	Chepstow	F5559	LADIES	15	2
94	655	Malcolm COX	Griffithstown	M5559	MEN	79	10
95	213	Bernie MONK,	Parc Bryn Bach	M6099	MEN	80	5
96	652	Dave BASSETT	Griffithstown	M6099	MEN	81	6
97	4	Neil JENKINS	Caerleon	M1839	MEN	82	29
98	625	Clare SHEPPARD	Griffithstown	F1834	LADIES	16	7
99	136	Vanessa LAWSON,	Chepstow	F3539	LADIES	17	3
100	612	Janet RICHARDS	Griffithstown	F4044	LADIES	18	5
101	740	Coleene BIRCH,	Islwyn	F3539	LADIES	19	4
102	798	Lyndon SUTTON,	Islwyn	M5559	MEN	83	11
103	766	Maria WILLIAMS,	Islwyn	F3539	LADIES	20	5
104	675	Peter ROBERTS	Griffithstown	M5054	MEN	84	11
105	329	Howard ATTWOOD,	Lliswerry	M5559	MEN	85	12
106	51	Helen THOMAS	Caerleon	F4549	LADIES	21	2
107	795	Shona DOUGLAS	Islwyn	F1834	LADIES	22	8
108	515	Jeanette JENKINS,	Fairwater	F4549	LADIES	23	3
109	687	Stewart THOMPSON	Griffithstown	M4549	MEN	86	13
110	101	Gerry ASHTON,	Chepstow	M5559	MEN	87	13
111	58	Joanne PEACOCK	Caerleon	F4044	LADIES	24	6
112	20	Kim HOWELL,	Caerleon	F5054	LADIES	25	1
113	17	Micheal POWELL,	Caerleon	M5559	MEN	88	14
114	628	Claire WATKINS	Griffithstown	F1834	LADIES	26	9
115	640	Suzanne WARREN	Griffithstown	F1834	LADIES	27	10
116	239	Catherine CHAMMINGS	Parc Bryn Bach	F1834	LADIES	28	11
117	507	John FRY,	Fairwater	M6099	MEN	89	7
118	212	Margaret MONK,	Parc Bryn Bach	F5559	LADIES	29	3
119	324	John HILL,	Lliswerry	M5559	MEN	90	15
120	784	Gary SELDON	Islwyn	M1839	MEN	91	30
121	104	Jayne BAYLISS,	Chepstow	F5559	LADIES	30	4
122	502	Julie ROCHE,	Fairwater	F4044	LADIES	31	7
123	729	Jackie JONES,	Islwyn	F3539	LADIES	32	6
124	126	Geoff CRAM,	Chepstow	M6099	MEN	92	8
125	789	James McPHERSON	Islwyn	M1839	MEN	93	31
126	340	Angela TIPPING	Lliswerry	F1834	LADIES	33	12
127	152	Natasha WILLIAMS,	Chepstow	F4044	LADIES	34	8
128	780	Peter PAYTON,	Islwyn	M5559	MEN	94	16
129	764	Rhian CLAYTON	Islwyn	F1834	LADIES	35	13
130	170	Syd WHEELER,	Chepstow	M6099	MEN	95	9
131	713	Glyn HICKS,	Islwyn	M5559	MEN	96	17
132	233	Kate RUSSELL,	Parc Bryn Bach	F1834	LADIES	36	14
133	415	Karen ELVERS	Chepstow	F3539	LADIES	37	7
134	367	Rob ANDERSON	Lliswerry	M6099	MEN	97	10
135	316	Charmaine SMIKLE	Lliswerry	F1834	LADIES	38	15

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136	66	Les AINSCOUGH	Caerleon	M4549	MEN	98	14
137	203	Kath JERVIS,	Parc Bryn Bach	F5054	LADIES	39	2
138	19	Gwyn HOWELLS,	Caerleon	F5559	LADIES	40	5
139	155	Suzie SHEPHERD,	Chepstow	F4044	LADIES	41	9
140	146	Mike MUGRIDGE,	Chepstow	M6099	MEN	99	11
141	637	Tracy HAVELOT,	Griffithstown	F3539	LADIES	42	8
142	355	Alison SHEEDY	Lliswerry	F4044	LADIES	43	10
143	429	Jane RYMER	Chepstow	F4044	LADIES	44	11
144	78	Debbie JENKINS	Caerleon	F4044	LADIES	45	12
145	632	Wendy REES	Griffithstown	F4549	LADIES	46	4
146	765	Kelly WAITE	Islwyn	F1834	LADIES	47	16
147	29	Paula HODDINOTT	Caerleon	F1834	LADIES	48	17
148	369	Carol WOODFORD	Lliswerry	F4549	LADIES	49	5
140	365	Jayne MOULTON	Lliswerry	F4549	LADIES	50	6
160	302	Yvonne FORSEY,	Lliswerry	F5054	LADIES	51	3
151	547	Marianne BURRIDGE,	Fairwater	F5054	LADIES	52	4
152	752	Helen WILLIAMS	Islwyn	F1834	LADIES	53	18

**MENS TEAM :**

(10 HIGHEST PLACED MALE RUNNERS FROM EACH CLUB)

Position	TEAM	RUNNERS SCORING	Score	Points
1	FAIRWATER	10	813	7
2	LLISWERRY	10	718	6
3	CHEPSTOW	10	713	5
4	GRIFFITHSTOWN	10	662	4
5	PARC BRYN BACH	10	627	3
6	ISLWYN	10	562	2
7	CAERLEON	8	293	1

**LADIES TEAM :**

(6 HIGHEST PLACED FEMALE RUNNERS FROM EACH CLUB)

Position	TEAM	RUNNERS SCORING	Score	Points
1	CHEPSTOW	6	580	7
2	PARC BRYN BACH	6	511	6
3	GRIFFITHSTOWN	6	464	5
4	CAERLEON	6	441	4
5	ISLWYN	6	431	3
6	LLISWERRY	6	381	2
7	FAIRWATER	4	292	1