

LCL ROAD RACE SERIES 2009 ; RACE 4/5 ;CAERLEON 28th JULY 2009

RACE RESULT :

Race position	Number	NAME	Club	Category	Gender	Gender position	Category position
1	528	Mark JENNINGS	Fairwater	M1839	MEN	1	1
2	673	Stefan SIMMS	Griffithstown	M4044	MEN	2	1
3	199	Steve CALDWELL,	Chepstow	M1839	MEN	3	2
4	360	Robin SMOULT	Lliswerry	M1839	MEN	4	3
5	194	Mark HARVEY,	Chepstow	M1839	MEN	5	4
6	514	Christopher MORGAN,	Fairwater	M4044	MEN	6	2
7	706	Mike DURY,	Islwyn	M1839	MEN	7	5
8	530	Daryll BARNBY	Fairwater	M1839	MEN	8	6
9	320	John FOSTER,	Lliswerry	M5054	MEN	9	1
10	207	Simon LEWIS,	Parc Bryn Bach	M4044	MEN	10	3
11	799	Haydn HARTNELL	Islwyn	M4549	MEN	11	1
12	348	Lee SMITH,	Lliswerry	M4044	MEN	12	4
13	678	Dimitri VORRÉS	Griffithstown	M4549	MEN	13	2
14	522	Grant LEWIS	Fairwater	M1839	MEN	14	7
15	540	Alun WILLIAMS,	Fairwater	M4549	MEN	15	3
16	179	Mark ENGLISH,	Chepstow	M4044	MEN	16	5
17	363	Joseph BUTCHER	Lliswerry	M1839	MEN	17	8
18	110	Laurie CARTER	Chepstow	M5054	MEN	18	2
19	689	Matt WELSH	Griffithstown	M1839	MEN	19	9
20	241	Nigel LAWRENCE	Parc Bryn Bach	M4044	MEN	20	6
21	434	Matt CREED	Chepstow	M1839	MEN	21	10
22	193	James BLORE	Chepstow	M1839	MEN	22	11
23	211	Phillip MILES,	Parc Bryn Bach	M5559	MEN	23	1
24	661	Thomas GUY	Griffithstown	M1839	MEN	24	12
25	37	Peter THOMAS	Caerleon	M4549	MEN	25	4
26	71	Jim KING	Caerleon	M1839	MEN	26	13
27	350	Christopher JONES,	Lliswerry	M4549	MEN	27	5
28	2	Howard MASON,	Caerleon	M4044	MEN	28	7
29	679	Nick WALSH	Griffithstown	M1839	MEN	29	14
30	509	Richard LLOYD,	Fairwater	M1839	MEN	30	15
31	659	Gerard GORMLEY	Griffithstown	M4044	MEN	31	8
32	506	Andrew SPENCER,	Fairwater	M4549	MEN	32	6
33	131	Peter HUTTON,	Chepstow	M4549	MEN	33	7
34	671	Peter RODGER	Griffithstown	M5054	MEN	34	3
35	685	Craig STEPHENS	Griffithstown	M1839	MEN	35	16
36	310	Andrew LOTT	Lliswerry	M4549	MEN	36	8
37	317	Paul DAY,	Lliswerry	M5559	MEN	37	2
38	163	Andy STOTT,	Chepstow	M4549	MEN	38	9
39	739	Russel DOBBS,	Islwyn	M1839	MEN	39	17
40	158	Bill SAVAGE,	Chepstow	M5559	MEN	40	3
41	504	Pete EDWARDS	Fairwater	M1839	MEN	41	18
42	238	David SMOUT	Parc Bryn Bach	M5559	MEN	42	4
43	724	Kim WEHDEN	Islwyn	M4549	MEN	43	10
44	315	Paul DURSLEY,	Lliswerry	M5559	MEN	44	5
45	744	Robert DAVIES,	Islwyn	M1839	MEN	45	19

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46	409	Becky MERRIMAN	Chepstow	F3539	LADIES	1	1
47	500	Paul ANSTICE,	Fairwater	M5054	MEN	46	4
48	154	Chris REES,	Chepstow	M4549	MEN	47	11
49	30	Justin POCKNELL	Caerleon	M1839	MEN	48	20
50	416	Leo COHEN	Chepstow	M1839	MEN	49	21
51	243	Caroline MORTON	Parc Bryn Bach	F3539	LADIES	2	2
52	122	Andy GREEN,	Chepstow	M4044	MEN	50	9
53	418	Louise SUMMERS	Chepstow	F4044	LADIES	3	1
54	124	Niki MORGAN,	Chepstow	F4044	LADIES	4	2
55	232	Tom RUSSELL,	Parc Bryn Bach	M1839	MEN	51	22
56	663	Peter WELBIRG	Griffithstown	M5559	MEN	52	6
57	524	Richard THOMAS	Fairwater	M1839	MEN	53	23
58	513	Michael SKYRME	Fairwater	M1839	MEN	54	24
59	552	Deb COCKRAM	Fairwater	F4549	LADIES	5	1
60	83	Jonathon LEE	Caerleon	M4044	MEN	55	10
61	244	Ceri CASSIDY	Parc Bryn Bach	F1834	LADIES	6	1
62	691	Brian JONES	Griffithstown	M4549	MEN	56	12
63	200	Clive COOKSEY,	Parc Bryn Bach	M6099	MEN	57	1
64	129	Jan MORRIS,	Chepstow	F4044	LADIES	7	3
65	543	Garry WOODS,	Fairwater	M4549	MEN	58	13
66	227	Jacky MILES,	Parc Bryn Bach	F5559	LADIES	8	1
67	119	Dick FINCH,	Chepstow	M6099	MEN	59	2
68	642	Thueux GENEVIEVE	Griffithstown	F1834	LADIES	9	2
69	313	Chris DAVIES,	Llisbury	M5054	MEN	60	5
70	508	Mark FRY,	Fairwater	M4549	MEN	61	14
71	162	Gill STOTT	Chepstow	F5054	LADIES	10	1
72	102	Sue ASHTON,	Chepstow	F5559	LADIES	11	2
73	754	Clinton JAMES	Islwyn	M4044	MEN	62	11
74	339	Clive CARTER	Llisbury	M5054	MEN	63	6
75	525	Richard BOWIE	Fairwater	M4549	MEN	64	15
76	675	Peter ROBERTS	Griffithstown	M5054	MEN	65	7
77	766	Maria WILLIAMS,	Islwyn	F3539	LADIES	12	3
78	344	Peta DANIELS,	Llisbury	F4044	LADIES	13	4
79	105	Geoff BAYLISS,	Chepstow	M6099	MEN	66	3
80	687	Stewart THOMPSON	Griffithstown	M4549	MEN	67	16
81	4	Neil JENKINS	Caerleon	M1839	MEN	68	25
82	113	Colin PROSSER,	Chepstow	M4549	MEN	69	17
83	613	Leonie ROBERTS	Griffithstown	F1834	LADIES	14	3
84	329	Howard ATTWOOD,	Llisbury	M5559	MEN	70	7
85	336	Bryn BURGESS	Llisbury	M5054	MEN	71	8
86	82	Nicola PRICE	Caerleon	F1834	LADIES	15	4
87	668	Anthony PHILIPS	Griffithstown	M5054	MEN	72	9
88	108	Andy BRAY,	Chepstow	M5054	MEN	73	10
89	625	Clare SHEPPARD	Griffithstown	F1834	LADIES	16	5
90	612	Janet RICHARDS	Griffithstown	F4044	LADIES	17	5

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91	777	Colin DIXON	Islwyn	M5559	MEN	74	8
92	728	Blair LUNDIE,	Islwyn	M5559	MEN	75	9
93	740	Coleene BIRCH,	Islwyn	F3539	LADIES	18	4
94	515	Jeanette JENKINS,	Fairwater	F4549	LADIES	19	2
95	10	Jade GITTINS	Caerleon	F1834	LADIES	20	6
96	103	Dawn THWAITE	Chepstow	F3539	LADIES	21	5
97	51	Helen THOMAS	Caerleon	F4549	LADIES	22	3
98	371	Mike VAUGHAN	Llisbury	M4044	MEN	76	12
99	58	Joanne PEACOCK	Caerleon	F4044	LADIES	23	6
100	784	Gary SELDON	Islwyn	M1839	MEN	77	26
101	649	Rebecca COSGROVE	Griffithstown	F1834	LADIES	24	7
102	655	Malcolm COX	Griffithstown	M5559	MEN	78	10
103	52	Shelagh ADKINS,	Caerleon	F6099	LADIES	25	1
104	795	Shona DOUGLAS	Islwyn	F1834	LADIES	26	8
105	150	Sarah JENKINS	Chepstow	F1834	LADIES	27	9
106	798	Lyndon SUTTON,	Islwyn	M5559	MEN	79	11
107	734	Ruth TREHARNE	Islwyn	F4044	LADIES	28	7
108	742	Donna MATTHEWS	Islwyn	F4549	LADIES	29	4
109	502	Julie ROCHE,	Fairwater	F4044	LADIES	30	8
110	789	James McPHERSON	Islwyn	M1839	MEN	80	27
111	17	Michael POWELL,	Caerleon	M5559	MEN	81	12
112	212	Margaret MONK,	Parc Bryn Bach	F5559	LADIES	31	3
113	764	Rhian CLAYTON	Islwyn	F1834	LADIES	32	10
114	5	Karen PAYNE	Caerleon	F3539	LADIES	33	6
115	729	Jackie JONES,	Islwyn	F3539	LADIES	34	7
116	316	Charmaine SMIKLE	Llisbury	F1834	LADIES	35	11
117	152	Natasha WILLIAMS,	Chepstow	F4044	LADIES	36	9
118	126	Geoff CRAM,	Chepstow	M6099	MEN	82	4
119	155	Suzie SHEPHERD,	Chepstow	F4044	LADIES	37	10
120	653	Peter BROWNE	Griffithstown	M5054	MEN	83	11
121	780	Peter PAYTON,	Islwyn	M5559	MEN	84	13
122	660	Gavin SUTTON	Griffithstown	M1839	MEN	85	28
123	151	Claire MUNDY	Chepstow	F1834	LADIES	38	12
124	66	Les AINSCOUGH	Caerleon	M4549	MEN	86	18
125	774	Robert DAVIES,	Islwyn	M5054	MEN	87	12
126	765	Kelly WAITE	Islwyn	F1834	LADIES	39	13
127	783	Pat RICHARDSON	Islwyn	F5559	LADIES	40	4
128	203	Kath JERVIS,	Parc Bryn Bach	F5054	LADIES	41	2
129	196	Brett REGULSKI,	Chepstow	M4549	MEN	88	19
130	355	Alison SHEEDY	Llisbury	F4044	LADIES	42	11
131	186	Andy CREBER,	Chepstow	M5054	MEN	89	13
132	632	Wendy REES	Griffithstown	F4549	LADIES	43	5
133	370	Elouise ROSSITER	Llisbury	F1834	LADIES	44	14
134	19	Gwyn HOWELLS,	Caerleon	F5559	LADIES	45	5
135	303	Hannah LONGFORD	Llisbury	f1834	LADIES	46	15
136	752	Helen WILLIAMS	Islwyn	F1834	LADIES	47	16
137	181	Gill ELLIS	Chepstow	F4549	LADIES	48	6
138	547	Marianne BURRIDGE,	Fairwater	F5054	LADIES	49	3
139	337	Ros BURGESS	Llisbury	F4044	LADIES	50	12

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MENS TEAM :

(10 HIGHEST PLACED MALE RUNNERS FROM EACH CLUB)

Position	TEAM	RUNNERS SCORING	Score	Points
1	CHEPSTOW	10	767	7
2	FAIRWATER	10	764	6
3	GRIFFITHSTOWN	10	715	5
4	LLISWERRY	10	701	4
5	ISLWYN	10	498	3
6	PARC BRYN BACH	6	403	2
7	CAERLEON	8	391	1

LADIES TEAM :

(6 HIGHEST PLACED FEMALE RUNNERS FROM EACH CLUB)

Position	TEAM	RUNNERS SCORING	Score	Points
1	CHEPSTOW	6	570	7
2	GRIFFITHSTOWN	6	483	6
3	CAERLEON	6	468	5
4	ISLWYN	6	461	4
5	PARC BRYN BACH	5	417	3
6	LLISWERRY	6	376	2
7	FAIRWATER	4	301	1